

2024 VENTURA COUNTY JUNIOR LIFEGUARD PROGRAM

APPLICATIONS WILL ONLY BE ACCEPTED IN PERSON

Dear Junior Lifeguard Families and prospective Junior Lifeguards:

Enclosed is your 2024 PROGRAM OUTLINE. Please retain it for the duration of the Junior Lifeguard Program year. You may find this program outline useful and refer to it for questions about:

- Tryout testing standards
- Program dates and times
- Refunds
- Behavioral expectations of Junior Lifeguards
- Disciplinary procedures
- Program activities

ENROLLMENT

Enrollment for the Junior Lifeguard Program is first come first served. Due to the popularity of the program, enrollment is expected to fill to capacity very quickly. Students are considered enrolled in the program when the Harbor Patrol Office receives **all** completed forms and full payment of tuition fees in person. **Applications will be accepted in person at the Harbor Patrol Office located at 3900 Pelican way, Oxnard, CA 93035.** The Harbor Patrol Office is open 24-hours, 7 days a week. Please call Harbor Patrol at (805) 973-5959 to ensure someone will be available at the office to receive your application and payment. Once maximum capacity is filled, enrollment will close, and applications will not be accepted.

PROGRAM FEES:

- \$500 for the first child from a family
- \$470 for each additional child from the same family
- \$60 Island Trip - Optional; space is limited. Fee must be paid at time of enrollment.
- Make checks payable to the **County of Ventura Harbor Department**

AGE REQUIREMENTS: 8 through 15 years of age at 1st day of instruction.

NEW PARTICIPANTS are required to submit a copy of the student's birth certificate or passport at time of enrollment.

TRYOUTS: On first day of program, July 15, 2024, at Silver Strand Beach

Tryouts are required for first year Jr. Lifeguards only. Parent/Guardian must be present during tryout.

SESSION PROGRAM DATES: July 15, 2024 – August 9, 2024.

PROGRAM TIMES: Monday through Friday, 9:00 a.m. – 2:00 p.m.

ISLAND TRIP (OPTIONAL): July 30, 2024, 8:00 a.m. – 3:30 p.m. (approximate)
Drop-off and pick up at Ventura Harbor

AWARDS BARBECUE: August 9, 2024

2024 VENTURA COUNTY JUNIOR LIFEGUARD PROGRAM TESTING STANDARDS

TRYOUTS: Tryouts will be held at Silver Strand Beach, Oxnard, CA 93035 in the Channel Islands Harbor on the first day of instruction on July 15, 2024. Tryouts are required for first year Jr. Lifeguards ONLY. **Parent/Guardian must be present during tryout.**

The applicant must successfully complete the swim test to be admitted into the program:

- Applicant must complete a swim from the beach to the swim line and return to the beach.
- Applicant must be able to float or tread water for 2 minutes.
- Applicant must be able to hold their head under water for 10 seconds.

Application Check off List	
<input type="checkbox"/>	2024 Student Application
<input type="checkbox"/>	Authorization to Treat a Minor Form (Note: If your child is new to the program a tryout is required)
<input type="checkbox"/>	Parent Participant Survey Form To be completed at the beginning of the Junior Lifeguard program
<input type="checkbox"/>	A copy of Birth Certificate (If child is new to the program)
<input type="checkbox"/>	Payment - Check/Money Order/Credit Card

PARENT PARTICIPANT SURVEY

(To be completed at the beginning of the Junior Lifeguard Program)

This survey is designed to measure the effect that the Junior Lifeguard program has on the lives of its participants. It is important that **ALL** parents or guardians of Junior Lifeguard participants complete this survey and return it with the application.

Has your son/daughter ever participated in the Junior Lifeguard program? **Y** **N**
 If yes, how many years have they attended? _____

How old is your son/daughter? _____ Age when started program: _____

Use the following five-point scale to answer questions 1-14. Circle the number that you feel best describes your son/daughter. Please read all questions before you begin circling your answers.

	Strongly Agree	Agree	Undecided	Disagree	Strongly Disagree
1. My child has self-respect.	1	2	3	4	5
2. My child has respect for all family members.	1	2	3	4	5
3. My child has respect for others.	1	2	3	4	5
4. My child has respect for the environment.	1	2	3	4	5
5. My child gets good grades.	1	2	3	4	5
6. My child has good school attendance.	1	2	3	4	5
7. My child is in good physical condition.	1	2	3	4	5

RELEASE FROM LIABILITY

In consideration of the acceptance of the application of my child as a participant in the Junior Lifeguard Program, my child and I hereby agree to assume all risks attendant upon myself and my child while participating in the Junior Lifeguard Program. My child and I hereby waive, release and discharge any and all claims for damages for death, personal injury or property damage which my child or I may have, or which may hereafter accrue to me or my child, as a result of my child's participation in the Junior Lifeguard Program. I agree to save and hold harmless from liability the County of Ventura, any of its agents, servants or employees by reason of any accident, death, injury, or damages to persons or property which my child or I may suffer from and against any and all liability arising out of or connected in any way with my child's or my participation in the Junior Lifeguard Program, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above.

I further understand that serious accidents or death can occur during aquatic and marine activities, and that participants in aquatic and marine activities occasionally sustain mortal or serious personal injuries, and/or property damage, as a consequence thereof. Knowing the risk of aquatic and marine activities (swimming, surfing, lifesaving, body boarding, competition, and the like), nevertheless, I hereby agree to assume on my behalf and the behalf of my child those risks and to hold harmless all of the persons or entities mentioned above, who (through negligence or carelessness) might otherwise be liable to me or my child (or my heirs or assigns, or my child's heirs or assigns) for damages.

It is further understood and agreed that this waiver, release, and assumption of risk is to be binding on my heirs and assigns, and the assigns of my child. I agree to assume all responsibility for any property damage or injury to any persons caused by me or my child while participating in the Junior Lifeguard Program.

VIDEO-PHOTO RELEASE

I understand that during the Junior Lifeguard Program or related activities, my photograph and/or the photograph of my child may be taken by the Junior Lifeguard Program, producers, sponsors, organizer, and/or assigns. I agree that my photograph and/or the photograph of my child, including video photography, film photography, or other reproduction of my likeness or the likeness of my child, may be used without charge by the Ventura County Harbor Department Junior Lifeguard Program, producers, sponsors, organizers and/or its assigns for such purpose as they deem appropriate.

AUTHORIZATION TO TREAT A MINOR

I, the parent or legal guardian of the child listed above, do hereby authorize and consent to any X-ray examination, anesthetic, medical, or surgical treatment rendered under the general or special supervision of any member of the medical staff and emergency room staff licensed under the provisions of the Medical Practice Act or a Dentist licensed under the provisions of the Dental Practice Act and on the staff of any acute general hospital or emergency care facility holding a current license to operate a hospital or emergency care facility from the State of California Department of Public Health. I understand that this authorization is given in advance of any specific diagnosis, treatment or hospital care being required, but is given to provide authority and power to render care which the aforementioned physician, in the exercise of his/her best judgment, may deem advisable for my child. Further, I understand my child will be participating in inherently dangerous activities (swimming, surfing, lifesaving, body boarding, competition, and the like) and agree to pay for my child's medical expenses. I understand that all effort shall be made to contact me prior to rendering treatment to my child, but any of the above treatment will not be withheld if I cannot be reached. This authorization is given pursuant to the provisions of the California Civil Code. This consent shall remain in effect until September 1, of the subject year.

INITIAL

I have read, understand and approve the **RELEASE FROM LIABILITY** and the **VIDEO-PHOTO RELEASE**.

I have read, understand and approve the **AUTHORIZATION TO TREAT A MINOR** with any restrictions I may have listed above.

I request that my child not tryout this year. He/she was in previous year's Junior Lifeguard Program. I certify that my child is physically fit to participate in the Junior Lifeguard Program this summer.

I understand there is a \$50.00 fee for all returned checks and that my child cannot participate in any program activities until all fees have been paid in full.

I accept the provisions of the Ventura County Junior Lifeguard Program refund policy as stated in this handout.

I understand that if I do not initial the boxes approving **RELEASE FROM LIABILITY** and the **AUTHORIZATION TO TREAT A MINOR**, and if I refuse to sign this document, my child's application will not be processed.

Signature of Parent or Legal Guardian

Date

NOTICE OF NONDISCRIMINATORY POLICY AS TO STUDENTS

The Ventura County Junior Lifeguard Program accords students of any race, color, national and ethnic origin all the rights, privileges, programs and activities generally accorded or made available to students at the school. Ventura County Junior Lifeguard Program does not discriminate on the basis of race, color, national and ethnic origin in administration of educational policies, admissions policies, athletic and other school-administered programs.

STUDENT DISCIPLINE FOR MINOR INCIDENTS

For the Junior Lifeguard Program to be successful, students must exhibit behavior that is respectful of our staff, other students, our equipment and facilities. Group activities are vital to our program. A student that is disruptive to group activities and disrespectful to instructors, diminishes the enjoyment and education of the other students.

The intent of discipline is to instruct the student so as to gain compliance with acceptable behavior norms. Therefore, please familiarize your Junior Lifeguard with the following expected behaviors:

- Respect of instructors and other staff
- Respect of other students; no shoving, hitting or name calling
- Respect of facilities, equipment and property
- Cooperation with others and good sportsmanship
- Following all safety rules and all instructions
- Listening quietly to directions and announcements
- Participation in regular program activities

The progressive steps of discipline are as follows:

1. When a minor discipline situation occurs, the student will be counseled about the situation and given an explanation of what behavior change is expected.
2. If a subsequent incident occurs, the student will be asked to take a **“TIME OUT.”** A **“TIME OUT”** is a period of five to ten minutes that the student spends quietly reflecting on the incident. After the **“TIME OUT,”** the student is allowed to rejoin the group activity.
3. When a student has a series of **“TIME OUT”** in the same day, or a series of discipline situations over several days, the lead instructor will inform the youth’s parent or guardian about the situation.
4. When a student continually disregards the Instructors or shows little or no improvement with steps 1 through 3, the student will be suspended from the program for one day. The parent or guardian of the student will be informed that the student has been suspended. There will be **no** pro-rated refund of fees.

5. If, after suspension, the student's behavior is still not acceptable, the parent or guardian of the student will be informed that the student may no longer attend any of the program's activities. There will be no refund of fees.

Major first-time incidents may progress the student directly to step 4 or step 5 of the above procedures. Major incidents would include:

- Leaving the program area without permission
- Insubordination
- Fighting with another student or other persons
- Unlawful or non-consensual touching of another person
- Stealing property
- Vandalism of equipment or facilities
- Other conduct which brings disrespect on the Junior Lifeguards or the County of Ventura

Any time a major behavior problem occurs, the Program Supervisor will be advised.

ATTENDANCE

Attendance is taken daily. Students should arrive prepared to participate in daily activities. If the student plans to be absent, please notify Harbor Admin office by leaving a message at 973-5950.

REFUND POLICY

(Please note the Ventura County Jr. Lifeguard Program is NOT the State of California Ventura Jr. Lifeguard Program.)

1. There is a **\$50.00 fee** for cancellations made prior to the first day of instruction.
2. First-time students that do not successfully complete the swim test will be fully refunded.
3. Students may drop out of the program at any time prior to the completion of the first week of instruction and receive a **50% refund** of tuition. After commencement of the first day of instruction of the program's second week, **no refunds will be made.**
4. Student injuries that occur during the program that preclude the student's continuation in the program will result in a pro-rated refund based upon the remaining number of days in the program, including the day of injury.
5. There is **no** refund of fees for students suspended (1-3 days) or for students that are removed from all further program activities for disciplinary reasons.

PARTICIPATION IN ACTIVITIES

Students are encouraged to participate in all regular program activities. The younger, smaller students may not have the same opportunities as the older students to utilize the kayaking equipment and other equipment, which require body weight and strength. Daily activities include strength conditioning, stretching, running, paddling, surfing and swimming. If you have questions, please see one of the lifeguard instructors. Participants may be given boat rides with the Harbor Patrol and instructed on local marine life and habitats.

UNIFORMS

Boys and Girls Board Shorts will be available for purchase at Harbor Patrol

County of Ventura Junior Lifeguard T-shirts will be provided to all students on the 1st day of session.

Other uniform requirements:

- Boys/Girls: Navy Blue Board Shorts – Jr. Lifeguard patch is provided to be attached to left leg of board shorts.
- Girls: Navy Blue tank top type swimsuit (not provided)

Student optional uniform items (not provided): Optional items would include sweatshirts, sun hats, sunglasses, sunscreen, towel, beach umbrella, etc.

Available for purchase at Harbor Patrol: Navy Blue Board shorts and hooded sweatshirts will be available for purchase at Harbor Patrol.

Instructors: Instructors are distinguished from Assistants and students by their red Lifeguard swim trunks, suits, and Ventura County Lifeguard patch.

PARENT SURVEY

(To be completed and returned at the end of the Junior Lifeguard Program)

Using the same set of questions, how do you feel your child's involvement in the Junior Lifeguard Program has improved these traits.

"Because of participation in the Junior Lifeguard Program, my child has..."

	Strongly Agree	Agree	Undecided	Disagree	Strongly Disagree
8. ...shown improvement in self-respect."	1	2	3	4	5
9. ...shown improvement in respect for family members."	1	2	3	4	5
10. ...shown improvement in respect for others."	1	2	3	4	5
11. ...shown improvement in respect for environment."	1	2	3	4	5
12. ...shown improvement in grades."	1	2	3	4	5
13. ...shown improvement in school attendance."	1	2	3	4	5
14. ...shown improvement in physical condition."	1	2	3	4	5

Comments: _____

Please relate any success stories because of involvement in this Junior Lifeguard Program:
